

## What is Summit to Summit?

A professionally timed 7.2-mile Run/Walk.

Open to runners and walkers of all ages.

A beautiful and challenging course from Summit Christian College campus in Gering to the summit of Scotts Bluff National Monument and back

Medallions awarded to the overall male and female runners and top three runners in each age/gender division

Pancakes, bacon, and breakfast burritos on site.



## 2022 Summit to Summit Schedule

### Monday, March 14

Registration opens through RaceRite.

### Friday, April 29

Preregistration deadline to guarantee receiving a t-shirt and swag bag on May 7th.

### Friday, May 6

Preregistered entrants may pick up race packets at Summit Christian College anytime between 8:00 a.m. and 5:00 p.m.

### Saturday, May 7

Summit to Summit event starts at the Summit Christian College, 2025 21st Street, Gering, NE.

<b>Registration</b>	6:30 to 7:00 a.m.
<b>All Runners</b>	Pistol Start at 7:30 a.m.
<b>All Walkers</b>	Pistol Start at 7:35 a.m.
<b>Runners' Awards</b>	9:30 a.m.
<b>Food Tent</b>	7:30 -11:00 a.m.

Call Summit Christian College at (308) 632-6933 or go to [www.summittosummit.org](http://www.summittosummit.org) for more information or register online.

**2022**  
**SUMMIT**  
**to**  
**SUMMIT**  
7.2-Mile Run/Walk  
Gering, Neb

**7.2 MILE RUN/WALK**

**MAY 07** | **SUMMIT** CHRISTIAN COLLEGE | **PREREGISTER DEADLINE APRIL 29**

**WWW.SUMMITTOSUMMIT.ORG**

Summit Christian College

2025 21st Street, Gering, NE 69341  
(308) 632-6933 | [www.summitcc.edu](http://www.summitcc.edu)

[www.summittosummit.org](http://www.summittosummit.org)

# SUMMIT TO SUMMIT 2022

Started in 2009 as a community outreach by Summit Christian College in Gering, NE. We wanted to provide an event that would encourage people to enjoy and celebrate their community, friends, scenic beauty and good health. The 7.2 mile run/walk, from the college campus to the summit of Scotts Bluff National Monument and back, now welcomes over 300 participants each May!

## Run...

A challenging 7.2-mile course, offering road and trail terrain, both uphill and downhill. The run is open to all fitness levels and all ages. All runners receive a bib and timing chip and are professionally timed, with an online certificate stating your time available for printing at the end of the race.

Three medals are given to the fastest runners in each of the following categories:

Males: ages 0-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Females: ages 0-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

The fastest male and female runners receive a certificate for a pair of shoes from Brown's Shoe Fit Co.

Entry fee for all Runners is \$35



## Walk...

Walkers can set their own pace.

Power walk, leisurely stroll, or walk/jog. Walkers have up to two and a half hours to complete the course.

Walkers are free to complete the entire course, or just a portion of it.

The walk is open to all ages, children (accompanied by a registered adult) through senior citizens.

All walkers receive a bib and timing chip and are professionally timed, with an online certificate stating your time available for printing at the end of the race.

Sorry, no pets of any kind are allowed on the course during the event.

Entry fees for Walkers are:

Adult ages 16 up	\$35
Youth ages 10-15	\$20
Child 9 and under	\$10



## ALL PREREGISTERED RUNNERS AND WALKERS WILL RECEIVE:

A commemorative event T-shirt

A swag bag filled with goodies and coupons from our sponsors

FREE entrance to Scotts Bluff National Monument during the event

Free water and snacks

Medals will be awarded to the top three runners in each age and gender division

Physical therapy support and stretch out on site

Professional timing and web-posted results

Fun with family and friends

Spectacular views, fresh air, healthy outdoor activity

Registration opens March 1st, at [www.summittosummit.org/register](http://www.summittosummit.org/register)